

# Randwick Boys' High School

Guiding Young Men to Success

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Issue 23

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09 September 2022

## Student Leaders Investiture



## Waratah Shield Knock-Out Final





## From the Principal

### Consent Labs

Friday 9<sup>th</sup> September saw our Year 10 students participate in Consent Labs, a frank discussion surrounding consent and other important issues concerning consent. Year 10 participated in a mature way and reported that the sessions were extremely worthwhile. I would like to thank Year 10 for their maturity and Mr Benson for coordinating these important discussions.

### Waratah Shield runners up! State wide Rugby knockout

On Thursday 8<sup>th</sup> September, our opens Rugby Team contested the state wide final of the Waratah Shield. Due to Covid, the shield has not been contested for 3 years. Randwick Boys' HS, being the most successful CHS (Combined High Schools) school in the competition's history, were chosen to contest the final. A tough match ensued against Hunter Valley Grammar School. In a very close game, Randwick were defeated 22- 12. Our team played with honour, passion and heart. The defeat means Randwick Boys' High School is the best CHS Rugby school in the state! Well done to all students who participated. A special thank you to coaches Mr Bester and Jackson, ably supported by two of our SLSOs Jayden and Tallis. Most of the 2022 squad will return in 2023, as they are in Year 10 or 11 and we wish them well for the 2023 campaign.

### HSC practical Music examinations held this week

Our Year 12 Musicians have now completed a major part of their Higher School Certificate Music course, the practical component. On Wednesday this week, the students performed for external judges.

From all reports, nerves were held in check and students performed their pieces without being overwhelmed. I would like to thank Ms Olsen, Ms Ford and Mr Johnstone for preparing and assisting our students on the day.

A special thank you to Lend Lease and C Bus, who are constructing phase 2 of the Newmarket development, who ceased all sheet piling on the day to advantage our students.

### HSC Visual Artworks collected for marking

Another major milestone was passed this week with the collection of Year 12 Visual Art major works. Ms Serisier has carefully wrapped major artworks, with students assisting, and these will be marked by external markers and will contribute to students' HSC marks and ATARs. Well done to all Visual Art students for completing their major works.

### Year 11 yearly examinations begin Monday

Year 11 examinations begin on Monday 12<sup>th</sup> September and we wish all Year 11 students well in their yearly exams. From the beginning of Term 4, these students begin their Year 12 studies.

### HM Queen Elizabeth II

I would like to acknowledge the passing of Queen Elizabeth II this morning. Regardless of views surrounding Australia moving to a Republic or remaining the same, it is a sad day when a reigning monarch passes, especially one who has served her country and Commonwealth for over 70 years! Our flags flew at half mast today and we thank Her Majesty for her service.

Incidentally, our P & C have been successful in applying for a grant to plant a tree in recognition of Her Majesty's service for 70 years, her Jubilee. The working bee and tree planting is taking place tomorrow at RBHS. I am sure details are included in the P & C section of our newsletter and website.

L Raskall  
Principal



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COMING EVENTS FOR TERM 3	
Week 9	Week A /Events
Monday 12 September	Year 11 Yearly Exams begin Homework Centre, 3:30 - 5pm
Thursday 15 September	Homework Centre, 3:30 - 5pm
Friday 16 September	Year 11 Yearly Exams continue



## RUOK Day activities

### Verse 1

A message from us (5 syllables)  
To all of you (4 syllables)  
That you must hear (4 syllables)  
R U OK (4 syllables) (should be 3)  
To your best friends (5 syllables)  
To your loved ones (5 syllables)  
It's ok (3 syllables)

### Verse 2

The fullest days  
The restful nights  
Nothing to stress  
You've come far  
but if I'm wrong  
I ask if you are  
A-OK?



### Chorus

Here comes the day of  
The eight on the nine  
Where you check on your friends  
To make sure they're alright  
No more crying off time  
No more betting on dimes  
Any more  
Any more

### Verse 3

Take a second  
In a busy day  
To go keep track  
Of what's good  
are you alright  
i know that you'll be  
just fine



### Verse 4

It's easy to do  
easy to say  
but for someone  
it's a pain  
you'll be alright  
I know you're fine  
just fine



### Chorus

Here comes the day  
of The eight on the nine  
Where you check on your friends  
To make sure they're alright  
no more crying off time  
No more betting on dimes  
Any more  
Any more

### Solo (Instrumental)

### Chorus x2

Here comes the day  
of The eight on the nine  
Where you check on your friends  
To make sure they're alright  
No more crying off time  
No more betting on dimes  
Any more  
Any more



We make time to ask  
**RUOK?**<sup>TM</sup>

## Author of the Month

Welcome to another edition of "Author of the Month". This month's author is Matthew Johnstone.

Matthew Johnstone completed a diploma in Fine Arts, but then changed course and went to have 15 successful years as a creative in advertising. Since then, he has published a total of 9 books (including 1 lateral thinking book and 1 kid's book). The other 7 are mental health and wellbeing books, most of which have gone on to become bestsellers locally and abroad.

Matthew's company develops various creative and educational programs and illustrations on understanding mental health; and resilience for schools, communities, eHealth and workplaces. Matthew spends much of his time in the professional orbit of the leaders in mental health and wellbeing arena, such as the World Health Organisation, the Black Dog Institute, The Golden Door Elysia and Geelong Grammar, to name a few.

In 2018, he was a finalist in the Australia Mental Health Award.

Matthew's work has been endorsed by Stephen Fry, Edward de Bono and the World Health Organisation.

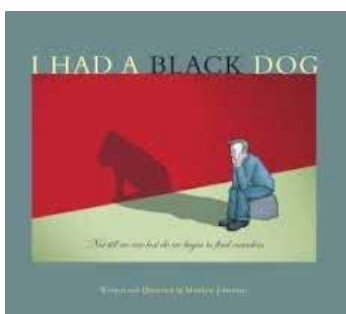
Matthew lives in Sydney with his wife, 2 daughters and his dog, Cookie.



The Randwick Boys' High School Library currently has two of his books for students to borrow. These books provide some easy readings on a difficult topic facing our society today.

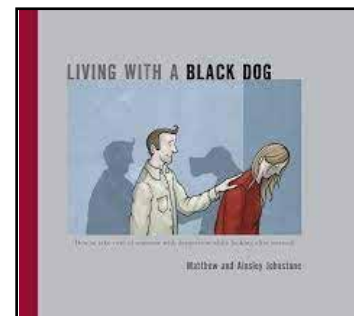
### I had a black dog: his name was Depression

Written and illustrated by Matthew Johnstone (2005)



### Living with a black dog: how to take care of someone with depression while looking after yourself

Written and illustrated by Matthew and Ainsley Johnstone (2008)



S Lam  
Reading and Literacy Team

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## Charity letter

'The school received a lovely letter from the charity Kids Giving Back, recognising the participation of Ike Pittman in this community foundation. Kids Giving Back organises young volunteers to prepare food and other necessities for underprivileged members of our community.

'Ike worked with Kids Giving Back in the last holidays. He told me that he and several dozen students from other schools prepared soup and breakfast bowls that were then distributed by the Salvation Army. He joked that it was his parents' suggestion that he took part, but I think that's because he is modest. Ike said, "It's a good thing to do for the community."

'Ike is to be commended for giving up his time to help the disadvantaged, receiving nothing in return other than the knowledge that he has made a difference in others' lives.

'More information about Kids Giving Back can be found at <https://kidsgivingback.org/>



Nick Benson  
Wellbeing Coordinator



## The Show '23

## Year 8 Design & Technology class



**Show Information Evening -  
Wednesday 14 September  
6:30pm RGHS Library**

Please attend if you are interested in joining the SHOW team. All current cast and crew, interested students, parents, friends and the school community are invited.

### SET/PROPS HELP

We are currently looking for a couple of committed volunteers to run the set construction and painting working bees for the school show.

The role involves communicating with the Artistic Director, Producer and Technical Director, set up and pack up of MPC and coordinating volunteer teams to create set items, providing help and guidance where necessary.

Set design is usually done as a team or by the technical director but that is something you can manage as well if desired. This role is mostly a practice in project management, and while skills in wood-working and/or painting would be helpful, they are not a necessity.

The working bees are run every Saturday at the school, but this could be split between multiple coordinators. Open to any adult in the Randwick Boys' and Randwick Girls' school community - parents, teachers, community members, ex-students etc.

So far this year we must build the following items:

- 32 banners (stretched canvas wood frame 2mx1m)
- 6 door frames (replicate existing set)
- Create wheel frames for existing doors
- 5 tables for the tea party in Alice in wonderland
- The story door (oversized door structure/house)

Please contact Kylie Fagan [kylie.fagan@det.nsw.edu.au](mailto:kylie.fagan@det.nsw.edu.au)

Geoffrey Grasso is the Show Coordinator for RBHS.



Students making and testing rubberband racers for their engineering project





## Student Leaders Investiture



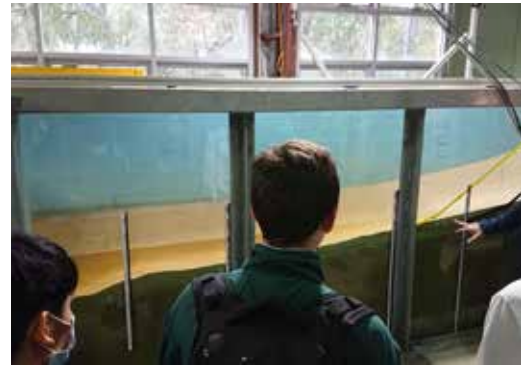


## Year 10 Marine Studies Water Research Laboratories

Students from Y10 Marine Studies visited the Water Research Laboratory at Manly Vale on Tuesday as part of their study in Marine and Civil Engineering, the research facility forms part of the School of Civil and Environmental Engineering at UNSW.



The aim of this excursion is to expose our students to the latest research in coastal and hydrological management, and our students were led by the Principal Engineer of the facility - Ben Modra. Students were introduced to the latest research activities of the Laboratory by the PhD students at the facility and they were shown the latest research in sand erosion, fish-way, dam monitoring, coastal survey and wave mitigation.



It was unfortunate the visit to the near-by Mermaid Pool was cancelled due to unfavourable weather, but students were able to visit the Manly Dam and observed the use of the dam as a recreational facility after its decommission as a portable water source.

S Lam  
Science Faculty







## Waratah Shield Knock-Out Final









# AROUND THE GROUNDS

## Grade sport report

This week was the second round of the regular season games of the summer grade sport competition. Randwick welcomed Normanhurst Boys' High School. Randwick showed its class on the day, falling just short of a clean sweep by winning every match bar one. The standout performance was from the junior league tag teams. Mr Davis Frank's boys made light work of Normanhurst with 21-6 win. Round 3 will see Randwick travel to Ashfield for grade sport games. Congratulations to all winning teams on a fantastic start to the season.

## Around The Grounds

This week's focus athlete is Tadija Pribakovic of Year 10. Tadija is a new enrolment at RBHS arriving via Serbia. He arrives with great pedigree as a water polo super star. Whilst living in his home country of Serbia, Tadija represented the Serbian national team. He has experience playing at the highest level all around Europe. Recently he competed at the NSWCHS water polo trials and was successful in being selected into the NSW U18's side. Tadija will now travel to Brisbane with the aim of making the Australian side. Well done, Tadija!

D Bester  
Sports Coordinator





# P&C NEWS



Randwick Boys' High School P&C is a group of parents, carers, staff & community members who work together to provide opportunities for all students at RBHS. We meet on the third Tuesday of the month during school term at 7pm. During Covid-19 restrictions, meetings will be held via Zoom. All welcome!



## P&C Working Bee

**Tomorrow | SAT 10 SEPT | 10am-2pm**

### COMING UP...

- **SAT 10 Sept - P&C Working Bee 10:00am-2:00pm**
- **TUE 20 Sept - P&C General Meeting 7:00pm**

**All Welcome!**

For meeting links, please join our mailing list:  
<http://eepurl.com/ggUloz>

### RBHS P&C Assoc

BSB: 633-000  
A/C: 185 282 738



### 2022 Office Bearers

**President:** Jason Bates  
**V. President:** Effie Joulianos  
**V. President:** Katja Klikauer  
**Secretary:** Suzy Forrester  
**Treasurer:** Helena Whalebone

### LOYALTY PARTNERS:

**Rebel**  
**The Athlete's Foot Eastgardens**  
**ReCollect**

### CONNECT WITH US



Thank you to everyone who's put their hand up to help at the P&C Working Bee tomorrow. There are **plenty of jobs** to do and we're looking forward to getting started! Please remember to bring a **hat** and some **gloves** (and any favourite tools!) if you have them.



Our main focus will be the first stage of the Anzac Garden rejuvenation to prepare for our Queen's Jubilee commemorative planting, but we will also be giving the area around the Hall a general spruce-up amongst other things.

We have a BBQ lunch and refreshments organised, but our bakers are more than welcome to bring a plate of something to share for morning and/or afternoon tea. It's not too late to register if you're keen, but don't worry if you can't make it this time - we're already planning for the **next one** to add the finishing touches **early in Term 4**, so watch out for details!



<https://forms.gle/VAYdutyC6N3B5N7n8>



### CAN YOU HELP? | RBHS GAME CHANGER

Are you a **journalist**, or working in **media** or for a **consulting firm**? We would love to hear from you for an exciting **RBHS Game Changer** program project! Please reach out via [rbhsgamechangerprogram@gmail.com](mailto:rbhsgamechangerprogram@gmail.com).



We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



# PC NEWS



## SOCIAL EVENTS & FUNDRAISING | CAN YOU HELP?

Are you able to help with **ideas or prizes** for an **end-of-year community event and raffle** or our **Term 1 2023 Trivia Night**? The Social Events & Fundraising Sub-Committee would love to hear from any members of our school community who may be able to provide raffle prizes for one or both events or items for a silent auction at the Trivia Night. We're also thinking about an end-of-year get-together and possible themes for the Trivia Night, so please get in touch via [info@randwickboyspandc.org.au](mailto:info@randwickboyspandc.org.au) if you have any bright ideas!



## WEEKEND FUN FOR EVERYONE...

### Take action, Join in! | Eco Living Festival at Randwick Community Centre

The Eco Living Festival is Randwick Council's flagship environmental event, the biggest **free** community and sustainability-focused festival in the Eastern Suburbs! Head over for a **fun, family-friendly** day with everything from fantastic **food** and **market** stalls to the **latest ideas** on sustainable living.

Catch **talks** in the Outdoor Classroom on the hour starting at 10am on native bee keeping, how to buy organic food in Randwick and more! Join in **workshops** every half hour from 10am on getting **sustainable in the kitchen** and learn how to waste less, save money and look after the planet by producing your own **flavourful** delights. No bookings are necessary, just turn up!

See the Randwick Council website for info on the **free community shuttle bus** and other sustainable transport options to get you there!

**When? Sunday 18 September from 10am-3pm**



### Celebrate at the Bayside Spring Fair | Jack Munday Reserve, Eastlakes



The Spring Fair celebrates the **cultural diversity** in the Bayside community with culinary delights, arts and crafts, live music and information stalls about local services and opportunities.

There will be plenty of **free activities and live entertainment**, including amusement rides, camel rides and a petting zoo. Check out Bayside Council website for a list of the various food, community and market stalls on offer, and get ready for a day with something for everyone to enjoy!

**When? Saturday 10 September from 11am-3pm**



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