

Randwick Boys' High School

Guiding Young Men to Success

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Year 12 IT Wood, working on their major projects





concerning possibilities. We look forward to further progress and being able to share plans with you all, in the future. An educational rationale group has been established to meet and discuss educational needs of our current and future students. We look forward to input from stakeholders and are excited by the possibilities which are ahead.



Reports

Year 7 and 11 will be issued their Semester One reports before the end of this term. Year 12 received their Semester One report on Wednesday this week.

Years 8, 9 and 10 will be issued their modified reports before the 30th August.

Parent/Teacher interviews are currently on hold, due to physical distancing requirements for adults. Once restrictions ease etc, we will inform our community how we plan to discuss progress and engage with you. In the meantime, should you wish to discuss your sons' academic achievements, feel free to contact the school.



From the Principal

Holidays

We wish all students, staff, parents and the wider Randwick community, a safe and relaxing holiday.

Year 12 students will be busy preparing for the Trial HSC examinations which begin early Term 3. I am sure the students will enjoy some time away from study, balanced with preparing for these very important examinations. Good luck, gentlemen!



After the trials, every Year 12 student needs to return to classes as per their timetable. This is a vital time where cohorts will complete courses, revise all course content, practice past HSC papers and questions (which every student should already be doing) and prepare as best they can for the HSC exams. In 2020, the Department of Education and Randwick Boys' High School have also stressed that all Year 12 students need to attend during the first week of Term 4 (October 12 – 16) to prepare for the HSC exams. It is vital that this period is used for these purposes. This is a time when students can really lift their marks and improve the bands that they achieve at the end of Year 12. Remember gentlemen, the worst mark you can achieve ends with a 9 (89, 79 etc), as it means you have JUST missed out on achieving a higher band by 1 mark! Study hard, prepare well and good luck!

School resumes for students on Tuesday 21st July

A reminder that school resumes on Tuesday 21st July for all staff and students. Monday 20th July will be the usual School Development Day for all staff.



Lance Raskall
Principal



Progress on facility upgrades

There has been some advancement of our proposed upgrade to facilities. A number of inspections and meetings have taken place and we are fortunate to have representation during initial discussions

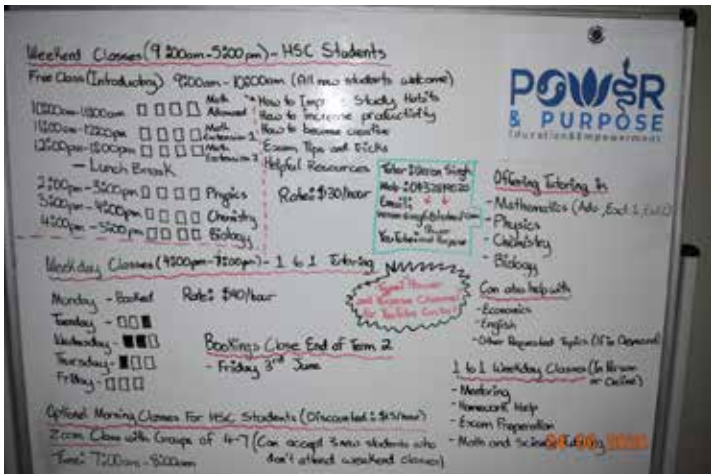
COMING EVENTS FOR TERM 3	
Week 1	Week A /Events
Monday 20 July	School Development Day School resumes for all staff
Thursday 21 July	School resumes for all students

Year 12 tutoring by ex-School Captain Veron Singh

Hello, it's your ex-School Captain Veron. I hope everyone is coping well with exam pressure and studies, especially HSC students about to enter Term 3, which is a tough period for any student. I decided to hold some classes for HSC students on weekends and even morning Zoom classes, which focus on Science/Mathematics subjects and Economics. The timings of the subjects and the classes will depend on attendance for the weekend classes (excluding Ext.1 and Ext 2 students who probably already have morning classes.) Also, I offer one-to-one tutoring in a limited time slot on weekdays.



Check out my YouTube channel 'Power and Purpose', which can be searched through my main channel "Veron Singh" - this channel is dedicated towards education, empowerment and daily practices. Email/call me for the address, although for one-to-one classes I am happy to travel within a 2km radius of RBHS or accommodations in the Eastern Suburbs which are not too far from Malabar.



Fitness training sessions

On Wednesday, 10th June, invited RBHS students began some extra curricular fitness testing and training to begin developing the relevant fitness capacities towards improving performances for their respective sports. This was scheduled to start earlier in the year, but was postponed due to COVID-19 restrictions.

Initially we tested various joints and muscles range of motion with ankle, hamstrings and hips the main focus, and tested their maximum aerobic speed (MAS) via a '30:15 intermittent shuttle test' with encouraging results, especially from Indhi Kirk, Freddie Whalebone and Richard Whalebone. We also tested the students' 'isometric plank hold', which was timed up to a maximum of 3 minutes, with Dylan Katz, Freddie Whalebone and Richard Whalebone all reaching the 3-minute limit. Last Wednesday, 17th June, we tested shoulder and upper thoracic range of motion, both vertical and horizontal leap lower limb power, highlighted by Fu Tsai's impressive vertical leap!



We then moved on to the oval for MAS-prescribed running at the individual levels based of what each student scored the previous week. This way each student athlete is challenged to run at, and soon to be above, their current MAS for 2 sets of 8 x 30 second efforts. Again, Indhi Kirk excelled and has already shown to be very capable at high intensity running.

By the time the newsletter goes out to families we would have introduced some speed testing and technique evaluations on the oval, and performed some upper body strength testing, including pull-ups and timed isometric scapular hangs, as well as some more MAS-prescribed running sets. We hope to be able to use the school's resistance training room in Term 3, when COVID-19 restrictions are relaxed a little further, and school life and physical training start to become a priority again for these talented RBHS students both here and outside of school.



I'm looking forward to seeing the boys develop their fitness in a way that improves their capacity to play and train at a higher level for their respective sports.

A Gould
Sports teacher

AROUND THE GROUNDS

RBHS grade sport returns Term 3!

Optimism about a winter season recommencing seemed bleak due to Covid-19. However, due to the easing of restrictions from July 1, sport will be returning to its normal format. The last Wednesday of Term 2 will be conducted as a final trial. Below is an amended draw/ fixture proposal for 2020 Winter grade sport.

Term 3, Weeks 1 – 7	Regular season (home and away matches)
Term 3, Week 8	Semi-finals (central venues)
Term 3, Week 9	Grand finals (central venues)

Thank you for your patience and support during this time. Looking forward to sport reconvening and a winter grade sport competition going ahead, up the Wicks!



SPORTS QUOTE OF THE WEEK

PATIENCE IS NOT THE ABILITY TO WAIT BUT HOW YOU ACT WHILE YOU'RE WAITING
—JOYCE MEYER

P Noreika
Sports Coordinator



Recently upgraded oval and basketball court

P&C NEWS



Randwick Boys' High School P&C is a group of parents, carers, staff & community members who work together to provide opportunities for all students at RBHS. We meet on the third Tuesday of the month during school term at 7pm in the Staff Common Room on Level 1 of the Admin building. All welcome!



Coming Up.....

P&C Meetings
18 Aug (AGM)
15 Sep
20 Oct
17 Nov

2019 Office Bearers

President: Birgit Schickinger
 Vice President: Sarah Brill
 Vice President: Michelle Bradley
 Secretary: Suzy Forrester
 Treasurer: Leanne Bergan

Connect with us...



info@randwickboyspandc.org.au



Randwick Boys High School P&C



New NSW Curriculum 2020-2024

"The curriculum reforms are designed to prepare students for the jobs of the future by making sure all students have strong literacy and numeracy skills and teachers have time to focus on deeper learning, including developing critical thinking, communication and collaboration skills. NESA will work closely with the NSW Department of Education, as well as other key stakeholders, to ensure that teachers and school leaders are involved in the curriculum reform and well-supported to implement changes."

How will things be different for students in high school?

"The new curriculum focuses on providing students with challenging learning material tailored to where they are at in their learning. It will be easier for students to see whether they are on track and what the next steps are in their learning journey."

The new curriculum will set clear standards in mandated subjects which students will be expected to achieve by the completion of schooling. These standards will reflect the knowledge and skills needed for future success in life, further learning and employment."

<https://education.nsw.gov.au/teaching-and-learning/curriculum/nsw-curriculum-reform>



A Guide for HSC Students

#StayHealthyHSC

"It may be difficult to stay calm and focused when the world around you is in chaos, and it's challenging to accept that we can't predict the future right now. However, it can help to remember that you are still in control of your own path, and that there are lots of different pathways to study and to work."

Learn how to take one day at a time. This guide from ReachOut.com Australia is designed specifically for HSC students: <https://bit.ly/2X3vOZz>



June 2020

Parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.australian.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Mr Geoffrey Burke

Learning & Support Teacher

Randwick Boys' High School

02-93993122.

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