

Randwick Boys' High School

Guiding Young Men to Success

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Issue 07

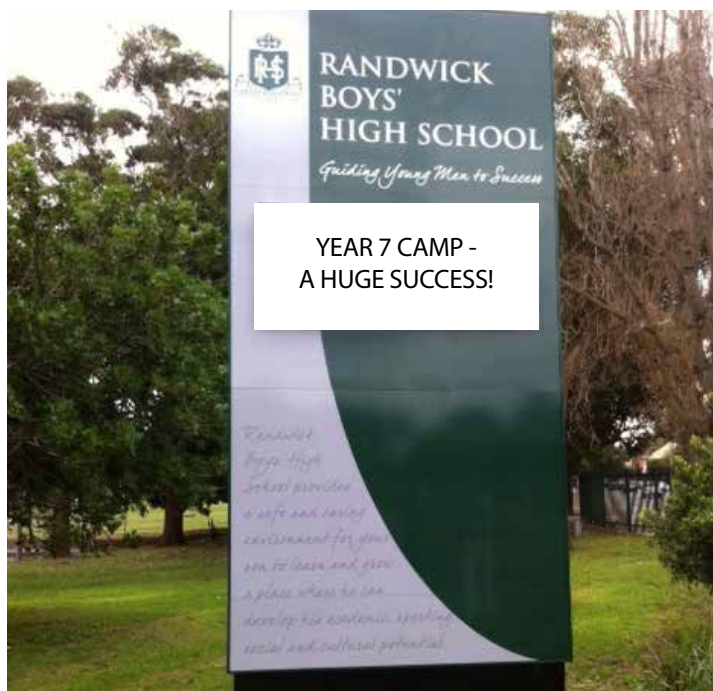
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15 March 2019

Year 7 camp





YEAR 7 CAMP -
A HUGE SUCCESS!

Year 7 camp



It was my pleasure to attend Year 7 Camp on Thursday. The students were all excited to be on camp and, from all reports, were enjoying their learning outside the classroom walls! I have included only a small number of photos from the camp, there are many more in next weeks newsletter!

L Raskall
Principal

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COMING EVENTS FOR TERM 1

Week 8	Week A/Events
Monday 18 March	Homework Centre, Library, 3:30 - 5pm
Tuesday 19 March	Study Skills Parent Information Evening, Library, 6pm P & C + AGM meeting, Common Room, 7pm
Wednesday 20 March	Winter sport trials continue
Thursday 21 March	Excursion: Yr 11&12 Visual Arts, ArtExpress AGNSW, 9:15am - 1pm Homework Centre, Library, 3:30 - 5pm
Friday 22 March	School Photos, Hall

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From the Principal

Open Night – Thank you

I would like to thank all students, parents and staff for their tremendous efforts ensuring our Open Night was so successful last week. We are so blessed that our school is such a vibrant and engaging place to study! Our school community really shone brightly and I would like to thank everyone who contributed, especially Ms Olsen for coordinating the event.

Feedback from parents and students who attended was extremely positive and they were glowing in their praise for our staff, students and parents!



Winter Grade sport trials

Winter Grade sport trials are currently taking place each Wednesday afternoon, during sport. Rugby, Soccer and many other offerings have been well attended in most age groups and we look forward to fielding very competitive teams again this season. Mr Noreika has done a fabulous job as Sports Coordinator and I thank him for his efforts!



Reading/Writing Survey for Parents

The Literacy team kindly asks parents to complete this short survey to do with student reading and writing. Please copy and paste the link below. Thank you.

<https://docs.google.com/forms/d/e/1FAIpQLSeihFb6G6McNotTv0LliyhWJtCY-bsT1LfylNOZciyPHL9HWw/viewform>



D Firulovic
English



Procedures for students permanently leaving RBHS

If your son is:

- Returning overseas
 - Transferring to a new high school
 - Enrolling in TAFE
- OR
- His employment is confirmed

Parents:

- Notify in writing or by email that the student is leaving RBHS.
- State the student's name, academic year, date of leaving and where he will be going.
- Pay for elective subjects and school contributions.

Student:

- Officially clears from our school by signing out from his classes and completes a clearance form.
- Returns all RBHS text books and library books (payment is due if books are not returned).

Admin

Year 9 Marine Biology studying in the Library



Parent invitation for a Study Skills Seminar



Randwick Boys' High School would like to invite our PARENTS to a STUDY SKILLS SEMINAR on Tuesday, 19 March from 6pm to 7pm in the Library. This seminar is for the parents of all years; however, the emphasis will be on parents of students in Years 11 and 12 to assist them in supporting their sons to enhance their study skills. Advice will be given on planning, setting goals and organisational skills. We hope to see you all there!!

Y Loizou
Head Teacher Mathematics

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Study Skills

Reminder to students in all years, you have access to the Elevate Education website through a unique username and password. This website is: www.elevateeducation.com. It contains a range of resources you can access. These include:

A copy of Elevate's best selling guide, Science of Student Success written by the company's founder, Doug Barton. The book retails in bookstores for \$20 but is FREE for Elevate clients. It is available to download in PDF mode under the tab 'Books' and includes:

- A range of practice papers for each subject
- Video tutorials
- Videos on different study techniques
- Subject-specific content and how to apply the skills to different contexts
- Tips from presenters all around Australia who have recently aced and faced their final years of high school
- Question forum that allows students to have support even after their Elevate session
- A range of practice questions.

If you have forgotten the password please come see me!

Regards

Y Loizou
Head Teacher Mathematics



Beach volleyball

On 05 March around 7.15am, a few of the Randwick Boys' indoor volleyball team players jumped in a mini bus to Manly Beach to participate in a beach volleyball tournament. The tournament was held by State Volleyball NSW.



Randwick Boys' High School submitted 4 teams: 2 teams of 2 and 2 teams of 3. This was Randwick's second beach volleyball tournament, and the target was to go one better this time by winning gold. All the students played extremely well and had shown improvements from our last outing. At the end of the day we were able to come away with a silver and a bronze medal. Unfortunately we had to forfeit our finals match in division two as one of our players had to retire injured.



The boys also had the opportunity to witness some top quality professional beach volleyball as part of the VolleyFest Tournament, where different countries were competing against each other, including some ex-Olympians. It was a great day, and I think everyone enjoyed it.

D Sharma
Beach Volleyball Coach



AROUND THE GROUNDS

Winter grade sport 2019

Another promising season looms, with large numbers of students trialling for winter grade sport teams this year. Well done to all students over the past couple of weeks. All athletes who make selection will represent 'The Wicks' proudly during the competitive season as part of the North West Metropolitan sport zone. Below are the list of grade sports and coaches for the upcoming winter season:

Rugby 1s – Mr Bester

Rugby 15s – Mr Jackson

Rugby 14s – Mr Benson

Rugby 13s – Mr Hourani

Football 1s – Mr Bennett

Football 2nds – Mr Doyle

Football 15s – Mr Dimopoulos

Football 14s – Mr Lochen

Football 13s – Mr Halliwell

Badminton – Ms Yiangou

Table Tennis - Mr Sharma

Tennis – Mr Burke



Good luck to all of our athletes who are aiming to earn a spot in their respective grade sporting codes this season. Team lists will be displayed on the sport notice board, once teams have been selected by their coaches.

60th Annual Zone Swimming Championships



An early bird departure for our RBHS swimming squad, well done to the entire team who organised themselves by not sleeping through their alarms! Well done to all boys who swam their hearts out during the Zone Carnival. A special mention to the following: Gabriel Heresy (Yr 11), Kaito Nakamura (Yr 11), Jack Hempoom (Yr 8) and Kegan Van Keulen (Yr 7) who will represent the zone at regionals and we wish them all the best!



SPORTS QUOTE OF THE WEEK



P Noreika
Sport Coordinator

PC NEWS

Randwick Boys' High School P&C is a group of parents, carers, staff & community members who work together to provide opportunities for all students at RBHS. We meet on the third Tuesday of the month during school term at 7pm in the Staff Common Room on Level 1 of the Admin building. Everyone is welcome!



Tue 19 Mar AGM & General Meeting 7PM

Positions to be
nominated and voted for
include:

President
Vice President x2
Treasurer
Secretary
Fundraising Coordinator

Only current financial members can
nominate and vote!

Election Day BBQ & Cake Stall 23 March



Our school is a polling booth at the
upcoming NSW State Election. The P&C
is holding a fundraising BBQ & Cake Stall.

We need your help please!

We would love donations
of homebaked pastries like cakes,
cupcakes, slices and cookies - please drop
straight to our stall on the day!

Can you spare just one hour of your time
to help out? We would love to hear from
you.

SIGN UP here or send us an email!

Join our mailing list

 info@randwickboyspandc.org.au

 [Randwick Boys High School P&C > email sign-up](#)



School Photo Day – Friday 22nd March

Sports/Small Group, Sibling Photos & Catch-up

Portrait Photos - Thursday 28th March

All students **MUST** be in **FULL SCHOOL UNIFORM** including **BLACK LACE-UP LEATHER SHOES** to be included in the photos.

All students received The School Photographer envelope during roll call this week.
The envelope provides all the relevant information regarding packages, orders and payment.

Payment options:

1. Cash: Please ensure you fill in the required information on the envelope and provide the correct money in the envelope. The envelope **MUST** be brought on the day.
2. Online payment: You can pay for the photo package online at www.theschoolphotographer.com.au
RBHS Code – X1503SUP41R
3. Payment over the phone: You can call The School Photographer on 9674 9824 to pay by credit card. There is a \$5 processing fee for phone payments.

Any queries regarding the photo packages and payment please contact
The School Photographer on 9674 9824.

If you would like a "Siblings" photo please ask your son to see Ms Cassar to collect the "Siblings" envelope.

If paying with cash, students must bring the envelope on the relevant day.

HOW TO ORDER

EACH STUDENT MUST HAND IN THEIR OWN COMPLETED ENVELOPE

Sibling Envelopes are available at the School Office
PLEASE DO NOT PLACE YOUR SIBLING ENVELOPE INSIDE THIS ENVELOPE

WE ACCEPT THE FOLLOWING PAYMENT METHODS:

1. CASH: Please enclose correct money as NO CHANGE will be given
2. MONEY ORDER: All Money Orders are to be made payable to "The School Photographer"
3. ONLINE CREDIT CARD PAYMENT: Simply visit our website www.theschoolphotographer.com.au and follow the prompts. Please write your receipt number in the space provided below (handling fee applies)

NO CHEQUES
COMBINED PAYMENTS: Due to a change in bank policy Cheques are no longer accepted
If combining payments for more than one child please complete the 'combined payments' box below

LATE ORDERS: Any orders placed after school photographs have been delivered to the school will incur a \$15.00 handling fee (includes postage)

PLEASE TEAR HERE

I am paying by:

☐ Cash (Enclosed)

☐ Money Order (Enclosed)

☐ Online Payment by credit card - Use the purple code below to order online.
www.theschoolphotographer.com.au

X1503SUP41R

Student Name: _____

School Name: Randwick Boys' High School

Homeroom/Roll Class & Year: _____

Phone: _____

Email: _____

COMBINED PAYMENTS (Each student MUST have their own envelope - please write one in the appropriate box)
This child's payment is for: _____
This envelope includes payments for: _____
Name: _____
Email: _____

I give permission for my child's name to appear on the school year group photograph
I DO NOT wish my child's name to appear on the school year group photograph

THE SCHOOL PHOTOGRAPHER

BLUE	\$46	x	
RED	\$43	x	
GREEN	\$41	x	
Group Only	\$26	x	
Portrait Only	\$25	x	
Drink Bottle	\$19	x	
Mug	\$20	x	
Keyring	\$7	x	
Magnet	\$7	x	
Gift Pack	\$6	x	
TOTAL: \$			

THE SCHOOL PHOTOGRAPHER

www.theschoolphotographer.com.au

Unit 22, 14-18 Dunstan Road, Botany Hills, NSW 2197
P 9674 9824
M 9674 9824

BLUE PACK

RED PACK

GREEN PACK

GROUP ONLY

PORTRAIT ONLY

COMBINED PAYMENTS

THE SCHOOL PHOTOGRAPHER

*All image sizes are approximate.



The WAYS Wellness centre is excited to offer our parent community two fantastic free education opportunities. The first of which is a one off parent seminar conducted in conjunction with Waverley council on April 1st.

The second is our popular effective parenting seminar/course commencing Monday May 20th. The effective parenting course is designed for parents with children aged 10-17, who want **practical, effective information and strategies** to build stronger parent-child relationships and better manage and understand adolescent behaviour. This is not a therapy group, the content is specifically designed to cover practical skills and information for normative adolescent processes. For parents with children in year 6, this course is a great opportunity to learn about adolescence and gain practical strategies to effectively manage this period well ahead of time.

The seminar (1st April) will provide a general overview of some of the key themes in the course and the 5 week effective parent course will address the topics in more depth. These free events are run by psychologists who specialise in child, adolescent and parenting issues.

Please click on the flyers below to read the information and for details on how to register.

Please note the effective parent group often books out in advance so early registration is encouraged.



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ways@ways.org.au
63a Wairoa Ave
Bondi Beach, New South Wales 2026
Australia

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Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).



Free Effective Parenting Course



This **five** week course is facilitated by experienced clinicians specializing in adolescent development and behavior. The course will assist parents to build stronger parent-child relationships and better manage and understand their adolescent's behavior. **This is a skills building and educational program only.** Places book out well in advance as we prefer to keep spaces limited.

"This course is one of the MOST beneficial things we have done as parents- everyone should be taught these Strategies / knowledge. Totally needed in the community"

"Both facilitators were extremely knowledgeable and generous with their information. It was great to have practical experience to reinforce the theory. I thought the content was pitched correctly to the target audience. Great service and felt privileged to have access to it"

"Absolutely life changing for me! Already recommended it to a few people"

TOPIC AREAS INCLUDE:

- ✓ Understanding your child - adolescent development
- ✓ Reflecting on your parenting - the impact of various parenting styles
- ✓ Setting limits and boundaries that stick
- ✓ Effective communication and conflict resolution strategies
- ✓ Practical strategies for building resilience in your children
- ✓ Special topics: alcohol and other drugs, sex, mental health, Navigating social media and cyber space, enhancing internal regulation

WAYS/BONDI BEACH

63A Wairoa Ave North Bondi

DATE: Four Mondays and one Tuesday (June 11th) on the long weekend.

Monday May 20th - Monday June 17th

TIME: 6PM - 8PM

P. (02) 9365 2500

E. Emma@ways.org.au / Michal@ways.org.au

Please call and speak to Emma or Michal to register or to enquire



TALKING WITH YOUR TEENAGER ABOUT CHALLENGING TEEN ISSUES

Monday 1 April 2019 | 6.15-7.45pm
Waverley Library Theatrette

Tips for
parents

This seminar is designed for parents with children aged 10-17, who want practical, effective information and strategies to build stronger parent-child relationships and better manage and understand adolescent behaviour.

WAYS Youth & Family are specialists in the field of parenting and adolescent development and behaviour. This seminar will be led by experienced adolescent and family clinicians and will give parents:

- practical strategies for effective communication and managing conflict;
- practical strategies for building resilience in their children;
- in depth understanding of the adolescent brain, thought processes and decision making.
- Practical strategies for managing cyber space and at risk behaviour

Free - Bookings at Eventbrite or call 9083 8936
for more information.

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